

Wednesday, May 1, 2024

SMART Gentle Exercises

Date and Time: Wednesday, May 1 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Discovery Time

Date and Time: Wednesday, May 1 9:30 am - 10:15 am

Address: 1176 Queen Street N

Designed for Early Years (2-5) children and their caregivers.

Stories, songs and more!

Drop-in, no registration required.

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Coffee Club

Date and Time: Wednesday, May 1 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
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Billiards

Date and Time: Wednesday, May 1 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

TechKnow

Date and Time: Wednesday, May 1 1:00 pm - 3:45 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Sign up for one on one guidance with [Community Care Concepts](#) for your technological troubles! Register in advance in the [Active Living Centre](#). To do so, select one of three 45 minute timeslots and give a brief description of the assistance needed on the TechKnow clipboard.

This program is offered weekly on Wednesdays from 1:00 p.m to 3:45 p.m. in the [Active Living Centre](#).

Art Journal Club

Date and Time: Wednesday, May 1 4:00 pm - 5:00 pm

Address: 145 Huron St

Designed for Tweens (9-12) and Teens (13-17).

Join us for a fun art journaling session where we will explore new ideas and techniques each week. We will provide all the materials. Just bring your creativity!

Register: <https://rwlibrary.libnet.info/event/10422711>

Youth Week - SWRIL Gameshow Night

Date and Time: Wednesday, May 1 6:00 pm - 8:00 pm

Address: New Dundee Community Centre, 1028 Queen St.

Youth Grades 4 through 12 can join the Youth Action Council as we present the [Smart Waterloo Region Innovation Lab](#) as they deliver the SWRIL Showdown: Battle of the Youth! Bring your friends and compete in friendly challenges, eat snacks and drinks. There's also a chance to win over \$150 of prizes!

****exact times to be determined****

No registration required.

Cost: Free

Location: [New Dundee Community Centre, 1028 Queen St., New Dundee](#)

Thursday, May 2, 2024

Billiards

Date and Time: Thursday, May 2 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Thursday, May 2 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Thursday, May 2 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Settlement Workers at the Library in the KW Multicultural Centre

Date and Time: Thursday, May 2 10:00 am - 2:00 pm

Address: 145 Huron St

As a new Canadian in the Kitchener-Waterloo area, settlement workers are available to help with needs such as language training, career and employment, housing, health care, education and more.

Designed for all ages. Drop-in, no registration required.

The Library Settlement Partnership (LSP) program is joint partnership between Immigration, Refugees and Citizenship Canada, the Kitchener-Waterloo Multicultural Centre, and the Region of Waterloo Libraries.

Whether you are new to Canada or have been in Canada for some time, the settlement workers are here to help.

Translation services can also be made available through referral.

Languages available:

- Tigrinya
- Amharic

Drop-in, no registration required.

Conversation Corner

Date and Time: Thursday, May 2 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Come and engage with us as we dive into group discussion on a variety of topics in the [Active Living Centre](#). Pick from the “topic box” or start the conversation yourself! Build connections with others from the community by sharing your own experiences, thoughts, and opinions.

Weekly on Thursdays from 11:00 a.m. to 12:00 p.m. with [Community Care Concepts](#).

Telestrations

Date and Time: Thursday, May 2 1:00 pm - 2:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for a fun game of Telestrations, which combines the classic games of Pictionary and Telephone for roll-on-the-floor laughing fun. Registration is not required.

Gratitude Journal Workshop

Date and Time: Thursday, May 2 1:00 pm - 2:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join [Community Care Concepts](#) to create your own gratitude journal with prompts and ideas to help you start your journaling journey.

Crokinole and Games

Date and Time: Thursday, May 2 3:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) to play Crokinole or various cards and games based on group preference.

Youth Week - Bowling Night at New Hamburg Lanes

Date and Time: Thursday, May 2 6:00 pm - 7:00 pm

Address: New Hamburg Lanes, 182 Union St.

Youth Grades 4 through 12 can join us for a timeslot of bowling with your friends at the [New Hamburg Lanes](#)! Up to 6 players per lane can bowl. First-come, first-served for spaces through the registration link below. Each player must register individually. There are 36 spaces total.

From 6 p.m. to 7 p.m. and 7 p.m. to 8 p.m.

Registration Required at:

[6 p.m. to 7 p.m. timeslot](#)

[7 p.m. to 8 p.m. timeslot](#)

Cost: \$3.50 per player per hour. Paid at time of registration.

Location: [New Hamburg Lanes, 182 Union St., New Hamburg](#)

Youth Week - Bowling Night at New Hamburg Lanes

Date and Time: Thursday, May 2 7:00 pm - 8:00 pm

Address: New Hamburg Lanes, 182 Union St.

Youth Grades 4 through 12 can join us for a timeslot of bowling with your friends at the [New Hamburg Lanes](#)! Up to 6 players per lane can bowl. First-come, first-served for spaces through the registration link below. Each player must register individually. There are 36 spaces total.

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Registration Required at:

[6 p.m. to 7 p.m. timeslot](#)

[7 p.m. to 8 p.m. timeslot](#)

Cost: \$3.50 per player per hour. Paid at time of registration.

Location: [New Hamburg Lanes, 182 Union St., New Hamburg](#)

Friday, May 3, 2024

SMART Gentle Exercises

Date and Time: Friday, May 3 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

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Date and Time: Friday, May 3 10:00 am - 10:45 am

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Coffee Club

Date and Time: Friday, May 3 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Garden Club

Date and Time: Friday, May 3 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Friday Crafts

Date and Time: Friday, May 3 2:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for Friday Crafts! Each week, we will try something new! Free program, materials are required. Must register in advance in the Active Living Centre.

April Crafts

April 26: [Creation Circle](#)

May Crafts

May 3: Citronella Candles

May 10: [Creation Circle](#)

May 17: Embroidered Paintings

May 24: [Creation Circle](#)

Saturday, May 4, 2024

Mannheim Community Garage Sales - "May Sale"

Date and Time: Saturday, May 4 7:00 am - 1:00 pm

Address: 1467 Mannheim Road

Mannheim Community Garage Sales!

Always the first Saturday in May

May 4, 2024

Rain or Shine

Optimist BBA at 1506 Mannheim Road.

Youth Week - Star Wars Movie at New Hamburg Library

Date and Time: Saturday, May 4 2:15 pm - 4:45 pm

Address: New Hamburg Library, 145 Huron St.

Youth Grades 4 through 12 are invited to join us, and encouraged to dress up, to celebrate Star Wars' day for a youth-friendly movie - the Force Awakens - at the New Hamburg Library. There is also a take-home craft. Concession-style snacks will be available for purchase on site. Cash only. Twenty spaces are available. Please register with the link below. May the Fourth be with you!

From 2:15 p.m. to 4:45 p.m.

Registration is required at [Activity detail | Wilmot recWeb \(activecommunities.com\)](#)

Cost: Free Event; Concession snacks available for purchase on site. (Cash only).

Location: [New Hamburg Library, 145 Huron St., New Hamburg](#)

Sunday, May 5, 2024

Youth Week - Family Dance Party

Date and Time: Sunday, May 5 2:00 pm - 3:30 pm

Address: St. Agatha Community Centre, 1791 Erb Road

Calling All families and all ages! Join us at the St. Agatha Community Centre for an afternoon of moving and grooving to the music with an indoor cardio dance party. We are excited to host Movement Instructor Liliana to lead us through dancing to the beat.

From 2 p.m. to 3:30 p.m.

No registration required. Please check in with YAC members upon arrival.

Cost: Admission by donation to Wilmot's Youth Action Council

Location: St. Agatha Community Centre, 1791 Erb Road, St. Agatha

Monday, May 6, 2024

SMART Gentle Exercises

Date and Time: Monday, May 6 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the Active Living Center.

This program is offered and run by Community Care Concepts.

Completion of PAR-Q/Waiver is required at first visit and as needed.

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Completion of PAR-Q/Waiver is required at first visit and as needed.

Baby & Me

Date and Time: Monday, May 6 10:30 am - 11:30 am

Address: 145 Huron St

Designed for Babies (0-18 months) with their caregiver.

Join us for stories, songs and fingerplays. The last half hour of the program will be parent & baby free-play.

Siblings are welcome, but please note this program is designed for babies (0-18 months) with their caregiver.

A bonding and socializing time for you and baby intended to build a strong foundation for literacy development and success in school and beyond.

Register: <https://rwlibrary.libnet.info/event/10433754>

Coffee Club

Date and Time: Monday, May 6 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Crokinole

Date and Time: Monday, May 6 1:00 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) between 1:00 p.m. and 3:00 p.m. to play crokinole, the more the merrier! Free program, registration is not required.

Billiards

Date and Time: Monday, May 6 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Youth Week - Video Game Night in the Youth Centre

Date and Time: Monday, May 6 4:30 pm - 8:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

Youth Grades 4 through 12 can join us in the [Youth Centre](#) during the [HIVE](#) program between 4:30 p.m. and 8:30 p.m. for friendly competition and prizes.

From 4:30 p.m. to 8:30 p.m. Youth Programming Pass required. Visit the [Youth Programming Page](#) for your application.

No registration required.

Cost: Free

Location: [Wilmot Recreation Complex, 1291 Nafziger Road, Baden](#)

Tuesday, May 7, 2024

Billiards

Date and Time: Tuesday, May 7 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Creation Circle

Date and Time: Tuesday, May 7 9:00 am - 11:00 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) [Community Care Concepts](#) is calling all creatives! Drop by the [Active Living Centre](#) to work on your knitting, crocheting, embroidery, or any craft you love . Tuesdays from 9:00 a.m. to 12:00 p.m. in the [Active Living Centre](#).

Coffee Club

Date and Time: Tuesday, May 7 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

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Yoga - Mannheim Community Centre

Date and Time: Tuesday, May 7 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Garden Club

Date and Time: Tuesday, May 7 1:00 pm - 2:00 pm

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Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Puzzle Club

Date and Time: Tuesday, May 7 2:30 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Calling all puzzle enthusiasts! Join [Community Care Concepts](#) bi-weekly in the [Active Living Centre](#) for social time as we work through different puzzles together.

After School Drop-in with Wilmot Family Resource Centre and Region of Waterloo Libraries

Date and Time: Tuesday, May 7 2:45 pm - 4:15 pm

Address: 115 Synder's Road E

Enjoy snacks, crafts and time with friends!

- April 2 - Watercolour Painting
- April 9 - Yarn Wrapping
- April 16 - Slime Making
- April 23 - Minute to Win it!
- April 30 - Decoupage Crafting
- May 7 - Make Your Own Stickers
- May 14 - Trivia

Code Corner

Date and Time: Tuesday, May 7 4:00 pm - 5:00 pm

Address: 145 Huron St

Designed for School-Age (6-9) children and Tweens (9-12).

Join us as we explore coding and robotics using Cubelets, Ozobots, Dot & Dash and more!

Register: <https://rwlibrary.libnet.info/event/10422697>

Social Media & Mental Health: What's the Connection? With CMHA-WW and Region of Waterloo Libraries

Date and Time: Tuesday, May 7 6:00 pm - 7:00 pm

Address: 145 Huron St

Designed for Adults (18+).

This 1-hour session will dive into the complex connection between social media use and the impact it can have on one's mental health. Learn strategies for setting healthy boundaries in the digital age and uncover the dynamics shaping our online experience. Participants will discover insights for fostering a more balanced relationship with social media

Register: <https://rwlibrary.libnet.info/event/10438509>

Wednesday, May 8, 2024

SMART Gentle Exercises

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Discovery Time

Date and Time: Wednesday, May 8 9:30 am - 10:15 am

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Designed for Early Years (2-5) children and their caregivers.

Stories, songs and more!

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Coffee Club

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Billiards

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(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

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TechKnow

Date and Time: Wednesday, May 8 1:00 pm - 3:45 pm

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(55+) Sign up for one on one guidance with [Community Care Concepts](#) for your technological troubles! Register in advance in the [Active Living Centre](#). To do so, select one of three 45 minute timeslots and give a brief description of the assistance needed on the TechKnow clipboard.

This program is offered weekly on Wednesdays from 1:00 p.m to 3:45 p.m. in the [Active Living Centre](#).

Adult Craft: Yarn Trivets

Date and Time: Wednesday, May 8 2:00 pm - 3:30 pm

Address: 145 Huron St

Designed for Adults (18+).

Join us as we create colourful trivets using yarn and pipe cleaners!

Register: <https://rwlibrary.libnet.info/event/10437436>

Book Talk

Date and Time: Wednesday, May 8 3:00 pm - 3:30 pm

Address: 145 Huron St

Designed for Adults (18+).

Join other local bookworms to chat about your recent reads and swap suggestions for titles to add to your TBR pile.

Drop-in, no registration required.

Thursday, May 9, 2024

Billiards

Date and Time: Thursday, May 9 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Thursday, May 9 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

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This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Thursday, May 9 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Settlement Workers at the Library in the KW Multicultural Centre

Date and Time: Thursday, May 9 10:00 am - 2:00 pm

Address: 145 Huron St

As a new Canadian in the Kitchener-Waterloo area, settlement workers are available to help with needs such as language training, career and employment, housing, health care, education and more.

Designed for all ages. Drop-in, no registration required.

The Library Settlement Partnership (LSP) program is joint partnership between Immigration, Refugees and Citizenship Canada, the Kitchener-Waterloo Multicultural Centre, and the Region of Waterloo Libraries.

Whether you are new to Canada or have been in Canada for some time, the settlement workers are here to help.

Translation services can also be made available through referral.

Languages available:

- Tigrinya
- Amharic

Drop-in, no registration required.

Conversation Corner

Date and Time: Thursday, May 9 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Come and engage with us as we dive into group discussion on a variety of topics in the [Active Living Centre](#). Pick from the “topic box” or start the conversation yourself! Build connections with others from the community by sharing your own experiences, thoughts, and opinions.

Weekly on Thursdays from 11:00 a.m. to 12:00 p.m. with [Community Care Concepts](#).

Card Games

Date and Time: Thursday, May 9 1:00 pm - 2:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Do you love to play card games? Drop by the [Active Living Centre](#) for various Card games with [Community Care Concepts](#). Registration is not required.

May 9 - Euchre

Puzzle Club

Date and Time: Thursday, May 9 3:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Calling all puzzle enthusiasts! Join [Community Care Concepts](#) bi-weekly in the [Active Living Centre](#) for social time as we work through different puzzles together.

Kindness Rocks

Date and Time: Thursday, May 9 4:00 pm - 5:00 pm

Address: 145 Huron St

Designed for ages 6 and up.

Help uplift your fellow library patrons by joining us as we paint kindness rocks to display in front of the branch !

Register: <https://rwlibrary.libnet.info/event/10422732>

TCP Presents: Anne of Green Gables

Date and Time: Thursday, May 9 7:30 pm

Address: 251 Jacob Street

The Community Players of New Hamburg is thrilled to bring Anne of Green Gables — the Musical to our stage for our 40th Anniversary. This family-friendly classic features a precocious redhead who comes to live on a farm with siblings, Matthew and Marilla Cuthbert. At first the pair are disappointed that this orphaned child is not the boy they requested, but soon come to love her feisty spirit and penchant for romance and melodrama.

You'll laugh and tap your toes throughout this energetic musical. We can't wait to host you this Spring in our Trinity Theatre for Anne of Green Gables — the Musical!

Friday, May 10, 2024

SMART Gentle Exercises

Date and Time: Friday, May 10 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

SMART Gentle Exercises

Date and Time: Friday, May 10 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Friday, May 10 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Garden Club

Date and Time: Friday, May 10 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Friday Crafts

Date and Time: Friday, May 10 2:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for Friday Crafts! Each week, we will try something new! Free program, materials are required. Must register in advance in the Active Living Centre.

April Crafts

April 26: [Creation Circle](#)

May Crafts

May 3: Citronella Candles

May 10: [Creation Circle](#)

May 17: Embroidered Paintings

May 24: [Creation Circle](#)

TCP Presents: Anne of Green Gables

Date and Time: Friday, May 10 7:30 pm

Address: 251 Jacob Street

The Community Players of New Hamburg is thrilled to bring Anne of Green Gables — the Musical to our stage for our 40th Anniversary. This family-friendly classic features a precocious redhead who comes to live on a farm with siblings, Matthew and Marilla Cuthbert. At first the pair are disappointed that this orphaned child is not the boy they requested, but soon come to love her feisty spirit and penchant for romance and melodrama.

You'll laugh and tap your toes throughout this energetic musical. We can't wait to host you this Spring in our Trinity Theatre for Anne of Green Gables — the Musical!

TCP Presents: Anne of Green Gables

Date and Time: Friday, May 10 7:30 pm

Address: 251 Jacob Street

The Community Players of New Hamburg is thrilled to bring Anne of Green Gables — the Musical to our stage for our 40th Anniversary. This family-friendly classic features a precocious redhead who comes to live on a farm with siblings, Matthew and Marilla Cuthbert. At first the pair are disappointed that this orphaned child is not the boy they requested, but soon come to love her feisty spirit and penchant for romance and melodrama.

You'll laugh and tap your toes throughout this energetic musical. We can't wait to host you this Spring in our Trinity Theatre for Anne of Green Gables — the Musical!

Saturday, May 11, 2024

TCP Presents: Anne of Green Gables

Date and Time: Saturday, May 11 2:00 pm

Address: 251 Jacob Street

The Community Players of New Hamburg is thrilled to bring Anne of Green Gables — the Musical to our stage for our 40th Anniversary. This family-friendly classic features a precocious redhead who comes to live on a farm with siblings, Matthew and Marilla Cuthbert. At first the pair are disappointed that this orphaned child is not the boy they requested, but soon come to love her feisty spirit and penchant for romance and melodrama.

You'll laugh and tap your toes throughout this energetic musical. We can't wait to host you this Spring in our Trinity Theatre for Anne of Green Gables — the Musical!

Sunday, May 12, 2024

Fabled Mother's Day Tours at Castle Kilbride

Date and Time: Sunday, May 12 10:00 am - 3:00 pm

Address: 60 Snyder's Road West

Children of all ages are invited to treat their mom to a 30-minute guided tour of the Castle by costumed staff. The Fabled exhibit is Co-Curated by the Stratford Festival Archives and features childhood storybooks of the Livingston family come to life. Alice Through the Looking Glass, The Lion, The Witch and The Wardrobe, Little Women and so many more. Tickets required. Special rate of \$5.25 per person.

[Get tickets here](#)

TCP Presents: Anne of Green Gables

Date and Time: Sunday, May 12 2:00 pm

Address: 251 Jacob Street

The Community Players of New Hamburg is thrilled to bring Anne of Green Gables — the Musical to our stage for our 40th Anniversary. This family-friendly classic features a precocious redhead who comes to live on a farm with siblings, Matthew and Marilla Cuthbert. At first the pair are disappointed that this orphaned child is not the boy they requested, but soon come to love her feisty spirit and penchant for romance and melodrama.

You'll laugh and tap your toes throughout this energetic musical. We can't wait to host you this Spring in our Trinity Theatre for Anne of Green Gables — the Musical!

Monday, May 13, 2024

SMART Gentle Exercises

Date and Time: Monday, May 13 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to b

ending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

SMART Gentle Exercises

Date and Time: Monday, May 13 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Baby & Me

Date and Time: Monday, May 13 10:30 am - 11:30 am

Address: 145 Huron St

Designed for Babies (0-18 months) with their caregiver.

Join us for stories, songs and fingerplays. The last half hour of the program will be parent & baby free-play.

Siblings are welcome, but please note this program is designed for babies (0-18 months) with their caregiver.

A bonding and socializing time for you and baby intended to build a strong foundation for literacy development and success in school and beyond.

Register: <https://rwlibrary.libnet.info/event/10433754>

Coffee Club

Date and Time: Monday, May 13 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Crokinole

Date and Time: Monday, May 13 1:00 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) between 1:00 p.m. and 3:00 p.m. to play crokinole, the more the merrier! Free program, registration is not required.

Billiards

Date and Time: Monday, May 13 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Tuesday, May 14, 2024

Billiards

Date and Time: Tuesday, May 14 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Creation Circle

Date and Time: Tuesday, May 14 9:00 am - 11:00 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) [Community Care Concepts](#) is calling all creatives! Drop by the [Active Living Centre](#) to work on your knitting, crocheting, embroidery, or any craft you love. Tuesdays from 9:00 a.m. to 12:00 p.m. in the [Active Living Centre](#).

Coffee Club

Date and Time: Tuesday, May 14 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the Active Living Centre. This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the Township of Wilmot and Community Care Concepts.

Yoga - Mannheim Community Centre

Date and Time: Tuesday, May 14 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Don't Let the Pigeon Take Over Storytime!

Date and Time: Tuesday, May 14 10:30 am - 11:15 am

Address: 115 Synder's Road E

Designed for Early Years (2-5) children and their caregivers.

Come and find out what surprises the Pigeon has planned for Storytime!

Register: <https://rwlibrary.libnet.info/event/10434826>

Drop-ins welcome!

Garden Club

Date and Time: Tuesday, May 14 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join Community Care Concepts in the Active Living Centre on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seeling Giveaway

Music Bingo

Date and Time: Tuesday, May 14 2:15 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Here's some music to your ears, [Community Care Concepts](#) is offering music bingo in the [Active Living Centre](#)! Offered every other Tuesday. Must register in advance for each session by calling 519-634-9225 ext 3 40 or in person at the [Active Living Centre](#).

Music Bingo Special Themes:

April 30: Trivia and Facts

May 14: Country Classics

May 28: TV Show Theme Songs

After School Drop-in with Wilmot Family Resource Centre and Region of Waterloo Libraries

Date and Time: Tuesday, May 14 2:45 pm - 4:15 pm

Address: 115 Synder's Road E

Enjoy snacks, crafts and time with friends!

- April 2 - Watercolour Painting
- April 9 - Yarn Wrapping
- April 16 - Slime Making
- April 23 - Minute to Win it!
- April 30 - Decoupage Crafting
- May 7 - Make Your Own Stickers
- May 14 - Trivia

Wednesday, May 15, 2024

SMART Gentle Exercises

Date and Time: Wednesday, May 15 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Discovery Time

Date and Time: Wednesday, May 15 9:30 am - 10:15 am

Address: 1176 Queen Street N

Designed for Early Years (2-5) children and their caregivers.

Stories, songs and more!

Drop-in, no registration required.

SMART Gentle Exercises

Date and Time: Wednesday, May 15 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Wednesday, May 15 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.

- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Billiards

Date and Time: Wednesday, May 15 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

TechKnow

Date and Time: Wednesday, May 15 1:00 pm - 3:45 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Sign up for one on one guidance with [Community Care Concepts](#) for your technological troubles! Register in advance in the [Active Living Centre](#). To do so, select one of three 45 minute timeslots and give a brief description of the assistance needed on the TechKnow clipboard.

This program is offered weekly on Wednesdays from 1:00 p.m to 3:45 p.m. in the [Active Living Centre](#).

Thursday, May 16, 2024

Billiards

Date and Time: Thursday, May 16 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Thursday, May 16 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Thursday, May 16 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Settlement Workers at the Library in the KW Multicultural Centre

Date and Time: Thursday, May 16 10:00 am - 2:00 pm

Address: 145 Huron St

As a new Canadian in the Kitchener-Waterloo area, settlement workers are available to help with needs such as language training, career and employment, housing, health care, education and more.

Designed for all ages. Drop-in, no registration required.

The Library Settlement Partnership (LSP) program is joint partnership between Immigration, Refugees and Citizenship Canada, the Kitchener-Waterloo Multicultural Centre, and the Region of Waterloo Libraries.

Whether you are new to Canada or have been in Canada for some time, the settlement workers are here to help.

Translation services can also be made available through referral.

Languages available:

- Tigrinya
- Amharic

Drop-in, no registration required.

Conversation Corner

Date and Time: Thursday, May 16 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Come and engage with us as we dive into group discussion on a variety of topics in the [Active Living Centre](#). Pick from the “topic box” or start the conversation yourself! Build connections with others from the community by sharing your own experiences, thoughts, and opinions.

Weekly on Thursdays from 11:00 a.m. to 12:00 p.m. with [Community Care Concepts](#).

Book Club Discussion

Date and Time: Thursday, May 16 1:00 pm - 2:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) "Join the club" as we dive into led discussion about our current read. Book sets are provided through the [Region of Waterloo Library](#) and are distributed to members every month. Drop by the [Active Living Centre](#) for a more information and to register for upcoming books!

Our Book Club meets every third Thursday of the month in the [Active Living Centre](#) from 1:00 p.m. to 2:30 p.m.

Crokinole and Games

Date and Time: Thursday, May 16 3:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) to play Crokinole or various cards and games based on group preference.

Among Us in Real Life

Date and Time: Thursday, May 16 6:30 pm - 7:30 pm

Address: 145 Huron St

Designed for Tweens (9-12) and Teens (13-17).

Work together with your crewmates to complete tasks around the library, but watch out! There is an imposter among you trying to sabotage the mission!

Register: <https://rwlibrary.libnet.info/event/10436873>

Friday, May 17, 2024

SMART Gentle Exercises

Date and Time: Friday, May 17 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

SMART Gentle Exercises

Date and Time: Friday, May 17 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Friday, May 17 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Garden Club

Date and Time: Friday, May 17 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, micr

ogreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seeling Giveaway

Friday Crafts

Date and Time: Friday, May 17 2:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for Friday Crafts! Each week, we will try something new! Free program, materials are required. Must register in advance in the Active Living Centre.

April Crafts

April 26: [Creation Circle](#)

May Crafts

May 3: Citronella Candles

May 10: [Creation Circle](#)

May 17: Embroidered Paintings

May 24: [Creation Circle](#)

Sunday, May 19, 2024

New Dundee Community Fireworks

Date and Time: Sunday, May 19 4:00 pm - 10:30 pm

Address: 1028 Queen Street

Join us on Sunday, May 19th for an evening of spectacular fireworks, food, and fun.

Starting at 4 PM

New Dundee Community Centre

- Fireworks
- Children's Midway
- Live Music
- Food Trucks

- Vendors
- Beer Garden

Tuesday, May 21, 2024

Creation Circle

Date and Time: Tuesday, May 21 9:00 am - 11:00 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) [Community Care Concepts](#) is calling all creatives! Drop by the [Active Living Centre](#) to work on your knitting, crocheting, embroidery, or any craft you love . Tuesdays from 9:00 a.m. to 12:00 p.m. in the [Active Living Centre](#).

Billiards

Date and Time: Tuesday, May 21 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Tuesday, May 21 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Tuesday, May 21 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Garden Club

Date and Time: Tuesday, May 21 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join Community Care Concepts in the Active Living Centre on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seeding Giveaway

Jeopardy! Trivia Game

Date and Time: Tuesday, May 21 2:15 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Test your trivia skills with Community Care Concepts. Drop by the Active Living Centre to play Jeopardy! Free program, registration is not required.

Wednesday, May 22, 2024

SMART Gentle Exercises

Date and Time: Wednesday, May 22 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the Active Living Center.

This program is offered and run by Community Care Concepts.

Completion of PAR-Q/Waiver is required at first visit and as needed.

SMART Gentle Exercises

Date and Time: Wednesday, May 22 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Wednesday, May 22 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

TechKnow

Date and Time: Wednesday, May 22 1:00 pm - 3:45 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Sign up for one on one guidance with [Community Care Concepts](#) for your technological troubles! Register in advance in the [Active Living Centre](#). To do so, select one of three 45 minute timeslots and give a brief description of the assistance needed on the TechKnow clipboard.

This program is offered weekly on Wednesdays from 1:00 p.m. to 3:45 p.m. in the [Active Living Centre](#).

Billiards

Date and Time: Wednesday, May 22 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Thursday, May 23, 2024

Billiards

Date and Time: Thursday, May 23 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Thursday, May 23 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Thursday, May 23 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Settlement Workers at the Library in the KW Multicultural Centre

Date and Time: Thursday, May 23 10:00 am - 2:00 pm

Address: 145 Huron St

As a new Canadian in the Kitchener-Waterloo area, settlement workers are available to help with needs such as language training, career and employment, housing, health care, education and more.

Designed for all ages. Drop-in, no registration required.

The Library Settlement Partnership (LSP) program is joint partnership between Immigration, Refugees and Citizenship Canada, the Kitchener-Waterloo Multicultural Centre, and the Region of Waterloo Libraries.

Whether you are new to Canada or have been in Canada for some time, the settlement workers are here to help.

Translation services can also be made available through referral.

Languages available:

- Tigrinya
- Amharic

Drop-in, no registration required.

Conversation Corner

Date and Time: Thursday, May 23 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Come and engage with us as we dive into group discussion on a variety of topics in the [Active Living Centre](#). Pick from the “topic box” or start the conversation yourself! Build connections with others from the community by sharing your own experiences, thoughts, and opinions.

Weekly on Thursdays from 11:00 a.m. to 12:00 p.m. with [Community Care Concepts](#).

Congregate Dining Program - Community Care Concepts

Date and Time: Thursday, May 23 12:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) [Community Care Concepts](#) Congregate Dining program is offered once a month from September to June at the [Wilmot Recreation Complex](#) in the Community Centre. Registration is required by the Friday at noon the week before the lunch occurs. Call [Community Care Concepts](#) at 1-855-664-1900 for menu information and registration. \$14.00 per person paid upon entry. The monthly menu can also be found posted on the [Active Living Centre](#) bulletin board.

Card Games

Date and Time: Thursday, May 23 1:00 pm - 2:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Do you love to play card games? Drop by the [Active Living Centre](#) for various Card games with [Community Care Concepts](#). Registration is not required.

May 9 - Euchre

Brain Teasers

Date and Time: Thursday, May 23 1:00 pm - 1:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Keep your mind sharp! Each month before our Guest Speaker, drop by the [Active Living Centre](#) to solve brain teasers on site or to take home. Registration is not required.

Puzzle Club

Date and Time: Thursday, May 23 3:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Calling all puzzle enthusiasts! Join [Community Care Concepts](#) bi-weekly in the [Active Living Centre](#) for social time as we work through different puzzles together.

Friday, May 24, 2024

SMART Gentle Exercises

Date and Time: Friday, May 24 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

SMART Gentle Exercises

Date and Time: Friday, May 24 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to b

ending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Friday, May 24 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Garden Club

Date and Time: Friday, May 24 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Friday Crafts

Date and Time: Friday, May 24 2:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for Friday Crafts! Each week, we will try something new! Free program, materials are required. Must register in advance in the Active Living Centre.

April Crafts

April 26: [Creation Circle](#)

May Crafts

May 3: Citronella Candles

May 10: [Creation Circle](#)

May 17: Embroidered Paintings

May 24: [Creation Circle](#)

New Hamburg Mennonite Relief Sale

Date and Time: Friday, May 24 5:00 pm - 9:00 pm

Address: 251 Jacob Street

Hungry for some delicious food and a day of fun? Mark your calendars for May 24th and 25th because the New Hamburg Mennonite Relief Sale is back at the New Hamburg fairgrounds! Get ready to indulge in mouthwatering treats - come hungry! But that's not all! Explore our famous Quilt, Treasure Trove, and Work and Play auctions for some incredible finds.

There's something for everyone!

For more information, visit nhmrs.com.

Don't miss *New Hamburg Mennonite Relief Sale at the New Hamburg Fairgrounds on May 24 and 25!*

Saturday, May 25, 2024

New Hamburg Mennonite Relief Sale

Date and Time: Saturday, May 25 7:00 am - 2:00 pm

Address: 251 Jacob Street

Hungry for some delicious food and a day of fun? Mark your calendars for May 24th and 25th because the New Hamburg Mennonite Relief Sale is back at the New Hamburg fairgrounds! Get ready to indulge in mouthwatering treats - come hungry! But that's not all! Explore our famous Quilt, Treasure Trove, and Work and Play auctions for some incredible finds.

There's something for everyone!

For more information, visit nhmrs.com.

Don't miss *New Hamburg Mennonite Relief Sale at the New Hamburg Fairgrounds on May 24 and 25!*

Monday, May 27, 2024

SMART Gentle Exercises

Date and Time: Monday, May 27 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

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Date and Time: Monday, May 27 10:00 am - 10:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

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Offered Mondays, Wednesdays and Fridays from 10:00 a.m. to 10:45 a.m. in the [Active Living Center](#).

This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Monday, May 27 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Crokinole

Date and Time: Monday, May 27 1:00 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) between 1:00 p.m. and 3:00 p.m. to play crokinole, the more the merrier! Free program, registration is not required.

Billiards

Date and Time: Monday, May 27 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Tuesday, May 28, 2024

Billiards

Date and Time: Tuesday, May 28 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Creation Circle

Date and Time: Tuesday, May 28 9:00 am - 11:00 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) [Community Care Concepts](#) is calling all creatives! Drop by the [Active Living Centre](#) to work on your knitting, crocheting, embroidery, or any craft you love . Tuesdays from 9:00 a.m. to 12:00 p.m. in the [Active Living Centre](#).

Coffee Club

Date and Time: Tuesday, May 28 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Yoga - Mannheim Community Centre

Date and Time: Tuesday, May 28 10:00 am - 11:00 am

Address: 1467 Mannheim Road

Yoga at the Mannheim Community Centre (pre registration required)

Classes on Tuesdays and/or Thursday morning at 10:00 am

mannheimoptimists@gmail.com for more information or to register

Garden Club

Date and Time: Tuesday, May 28 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Music Bingo

Date and Time: Tuesday, May 28 2:15 pm - 3:30 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Here's some music to your ears, [Community Care Concepts](#) is offering music bingo in the [Active Living Centre](#)! Offered every other Tuesday. Must register in advance for each session by calling 519-634-9225 ext 340 or in person at the [Active Living Centre](#).

Music Bingo Special Themes:

April 30: Trivia and Facts

May 14: Country Classics

May 28: TV Show Theme Songs

Adult Craft: Hand Painted Vases

Date and Time: Tuesday, May 28 6:30 pm - 7:30 pm

Address: 1176 Queen Street N

Designed for Adults (18+).

Join us for a relaxing evening and create your own hand-painted vase!

Register: <https://rwlibrary.libnet.info/event/10423909>

Wednesday, May 29, 2024

SMART Gentle Exercises

Date and Time: Wednesday, May 29 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the Active Living Center.

This program is offered and run by Community Care Concepts.

Completion of PAR-Q/Waiver is required at first visit and as needed.

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Coffee Club

Date and Time: Wednesday, May 29 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

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This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Billiards

Date and Time: Wednesday, May 29 1:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

TechKnow

Date and Time: Wednesday, May 29 1:00 pm - 3:45 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Sign up for one on one guidance with [Community Care Concepts](#) for your technological troubles! Register in advance in the [Active Living Centre](#). To do so, select one of three 45 minute timeslots and give a brief description of the assistance needed on the TechKnow clipboard.

This program is offered weekly on Wednesdays from 1:00 p.m to 3:45 p.m. in the [Active Living Centre](#).

Thursday, May 30, 2024

Billiards

Date and Time: Thursday, May 30 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Join us for drop in Billiards play in the [Active Living Centre](#).

- Mondays and Wednesdays from 1:00pm to 4:00 p.m.
- Tuesdays and Thursdays from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Coffee Club

Date and Time: Thursday, May 30 9:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

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Address: 145 Huron St

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Date and Time: Thursday, May 30 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

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Weekly on Thursdays from 11:00 a.m. to 12:00 p.m. with [Community Care Concepts](#).

Crokinole and Games

Date and Time: Thursday, May 30 3:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop by the [Active Living Centre](#) to play Crokinole or various cards and games based on group preference.

Friday, May 31, 2024

SMART Gentle Exercises

Date and Time: Friday, May 31 9:00 am - 9:45 am

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) This FREE exercise program is designed for the practice of daily tasks from reaching to the top shelf to bending down to tie your shoes for stretching, lifting and reaching, and helps maintain balance and coordination.

Offered Mondays, Wednesdays and Fridays from 9:00 a.m. to 9:45 a.m. in the [Active Living Center](#).

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Completion of PAR-Q/Waiver is required at first visit and as needed.

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This program is offered and run by [Community Care Concepts](#).

Completion of PAR-Q/Waiver is required at first visit and as needed.

Coffee Club

Date and Time: Friday, May 31 11:00 am - 12:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Road

(55+) Drop in for coffee, tea, and treats in the [Active Living Centre](#). This program can occur during other morning programs (e.g. Billiards, Conversation Corner).

- Monday, Wednesday, and Friday mornings from 11:00 a.m. to 12:00 p.m.
- Tuesday and Thursday mornings from 9:00 a.m. to 12:00 p.m.

This program is offered jointly by the [Township of Wilmot](#) and [Community Care Concepts](#).

Garden Club

Date and Time: Friday, May 31 1:00 pm - 2:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Hey green thumbs, black thumbs and everyone in between! Join [Community Care Concepts](#) in the [Active Living Centre](#) on Tuesdays and Fridays at 1:00 p.m. for some indoor gardening. Grow houseplants, herbs, microgreens, and vegetables that you can enjoy at home. Free program, no registration required.

Special Themes for April:

April 26: Garden Sign Activity

Special Themes for May:

May 17: Prep for Seedling Giveaway

May 24: Seedling Giveaway

Friday Crafts

Date and Time: Friday, May 31 2:00 pm - 4:00 pm

Address: Wilmot Recreation Complex, 1291 Nafziger Rd.

(55+) Join [Community Care Concepts](#) in the [Active Living Centre](#) for Friday Crafts! Each week, we will try something new! Free program, materials are required. Must register in advance in the Active Living Centre.

April Crafts

April 26: [Creation Circle](#)

May Crafts

May 3: Citronella Candles

May 10: [Creation Circle](#)

May 17: Embroidered Paintings

May 24: [Creation Circle](#)

<http://calendar.wilmot.ca>